

LUNCH MENU

October 2013

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Fish for Sandwich Tator Tots Salad Tossed Ranch Dressing Beans, Kidney BROCCOLI,raw Carrot Sticks Apple Half Fresh Cantaloupe Apricots Raisins Milk Choice	2 Turkey Enchilada Refried Beans Salad Tossed Ranch Dressing Peas Beans, Kidney BROCCOLI,raw Banana Apple Slices Apricots Raisins Milk Choice Sherbert	3 Chicken Alfredo Pasta Wheat Roll Salad Tossed Ranch Dressing Italian Vegetables Milk Choice Sherbert	4
7 Ham and Cheese Sandwich Corn Chips Fritos Milk Choice Gogurt-Yogurt	8 Bean Tostada Spanish Rice Cheese Shredded Milk Choice Salsa	9 Chicken Fajita Refried Beans Cheese Shredded Milk Choice Goldfish Crackers	10 Pork Riblets w/BBQ Sauce Mashed Potatoes Milk Choice Scoobydoo Snack	11 Pancake Breakfast Dog Hashbrown Triangle String Cheese Milk Choice Gogurt-Yogurt
14 Turkey Gravy Mashed Potatoes Milk Choice Scoobydoo Snack	15 Turkey/Cheese Sandwich Corn Chips Fritos Milk Choice Mayonnaise Packet	16 Pork Carnitas Soft Taco Spanish Rice Milk Choice Sherbert	17 Turkey Wrap French Fries Milk Choice Mayonnaise Packet	18 CHEESEBURGER French Fries Milk Choice Mayonnaise Packet
21 Toasted Cheese Sandwich Potato Chips Milk Choice	22 Chicken Teriyaki RICE,Cooked White Milk Choice Animal Cookies	23 Chicken Quesadilla Milk Choice Sherbert	24 Nachos w/ Beans and Cheese Salad Tossed Milk Choice Gogurt-Yogurt	25 Hot Turkey Sandwich Mashed Potatoes Milk Choice Gogurt-Yogurt
28 Sloppy Joe Tator Tots Milk Choice	29 Pasta Swirls w/Meat & Ch Wheat Roll Milk Choice	30 Beef Taco Spanish Rice Milk Choice Salsa	31 Baked Ham Rice Pilaf Cheese Slices Milk Choice Choc Bear Graham	