

Kit Carson Union School District

November
2015
LUNCH

Oct 28, 2015

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Crunchy Beef Taco Spanish Rice Cheese Shredded Milk Choice - lil squares Salsa	Nov - 3 Chicken Pot Pie Mashed Potatoes Milk Choice -	Nov - 4 Bar-B-Que-Chicken Rice Pilaf Milk Choice - Elf Grahams	Nov - 5 Spaghetti w/ Meat Wheat Roll Milk Choice - Sherbert	Nov - 6 Turkey/Cheese Sandwich Potato Chips Milk Choice - Icee Juicee
Nov - 9 Chicken Teriyaki White Rice Milk Choice - Choc Bear Graham	Nov - 10 Pork Carnitas Soft Taco Spanish Rice Cheese Shredded Milk Choice Salsa	Nov - 11 Crunchy Beef Taco Spanish Rice Cheese Shredded Milk Choice - lil squares Salsa	Nov - 12 Sloppy Joe French Fries Milk Choice -	Nov - 13 Tony's Cheese Pizza Milk Choice Sherbert
Nov - 16 BBQ Pork Riblet Mashed Potatoes Milk Choice - Cinnamon Belly Bear	Nov - 17 Chicken Alfredo Pasta Wheat Roll Milk Choice	Nov - 18 Bean Tostada Spanish Rice Cheese Shredded Milk Choice -	Nov - 19 Ham and Cheese Sandwich Corn Chips Fritos Milk Choice Sherbert	Nov - 20 Turkey Gravy Mashed Potatoes Wheat Roll Milk Choice Pumpkin Pie
Nov - 23 Chili and Beans Cornbread Milk Choice Cookie Turkey Shape	Nov - 24 Chicken Fajita Spanish Rice Milk Choice -	Nov - 25 NO SCHOOL TODAY	Nov - 26 NO SCHOOL TODAY	Nov - 27 NO SCHOOL TODAY
Nov - 30 Crunchy Turkey Taco Spanish Rice Milk Choice -				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.